



# CT Coronary Angiograms (CTA) with Contrast

## Patient Instructions

Any issues receiving x-ray dye/contrast?

No caffeine or Tobacco 6 hours prior

No smoking or vaping for 6 hours prior

Patient should be very well hydrated.

No solid food for 4 hours prior, soup is okay.

Patient should arrive 15 minutes prior to appointment to allow time for check in.

- **MUST** have BUN/CREAT labs within 6 weeks of scheduled test IF DIABETIC
- If patient is >60 years' old on hypertension medication has kidney issues.
- **Metformin** medication (if taken) should be held the day of testing and 48 hours AFTER testing.
- **No Erectile Dysfunction medications for 48 hours prior: Viagra (Sildenafil), Cialis (Tadalafil) and Levitra (Vardenafil).**

If your test is a CT coronary or heart angiogram, your doctor may order a medication, called a beta-blocker, to take orally the night before and the morning of your test. If your test is in the afternoon, take the beta blocker mid to late morning.

If you request or your insurance requires you to have testing at another facility, we would be happy to help arrange this test at your preferred provider's location.

It is important that you arrive in a timely fashion and prepared for your test. Tardiness may result in rescheduling so that other patients are not inconvenienced.

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Your Appointment Time & Date is: \_\_\_\_\_

### Location of test:

**3841 Piper St. Suite TLL-10, Anchorage AK**  
**\_\_\_ LOWER LEVEL NEAR ELEVATORS**

**3125 E Meridian Park Loop, Wasilla AK**  
**\_\_\_ FIRST FLOOR**

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